



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2019

Sporting Excellence in Karate

National Level

Joseph Sayers

This is to certify that Joseph Sayers has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Joseph competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

Championship Success - 3 Silver 7 Bronze

Yorkshire Open Championships - 10th February, Barnsley

Bronze - Team Kata

Shindo Kai Championships - 24th March, Barnsley

Bronze - Team Kumite

Hull & East Riding Junior Championships - 12th May, Bilton

Bronze - Individual Kumite

Halifax Championships - 16th June, Halifax

Silver - Individual Kumite

Bronze - Individual Kata

Shindo Kai Grass Roots Championships - 30th June, Barnsley

Silver - Pairs Kata

Bronze - Individual Kumite

Bronze - Team Kumite



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Wado UK Championships - 1st September, Hull

Silver - Team Kumite

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2019. Well done Joseph.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



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